




# BLACK BELT WORLD TORONTO HQ

**Weekly Class Schedule**  
(416) 533-1221

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 PM - 1:00 PM	<b>Adult Curriculum</b> All Belts	<b>Adult Poomsae</b> All Belts	<b>Adult Curriculum</b> All Belts	<b>Adult Poomsae</b> All Belts	<b>Adult Curriculum</b> All Belts	10:00 AM – 10:45 AM <b>Tiny Tiger</b> Ages 3 – 5	<b>BIRTHDAY PARTY</b>  &  <b>PRIVATE LESSONS</b>
1:00 PM - 2:00 PM	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	<b>**KYORUGI**</b> Students must bring full BBW-approved sparring equipment	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	10:45 AM - 11:30 AM <b>Children</b> All Belts	
3:00 PM - 6:00 PM	<b>AFTER SCHOOL MARTIAL ARTS PROGRAM</b> Ages 4 to 12					11:30 AM – 12:30 PM <b>Family Class</b> Children/Adult Mix	
4:00 PM - 4:30 PM	<b>Tiny Tiger Curriculum</b> Ages 3 – 5	4:00 PM – 4:45 PM <b>Children Poomsae</b> White to Purple	<b>Tiny Tiger Curriculum</b> Ages 3 – 5	4:00 PM – 4:45 PM <b>Children Poomsae</b> Blue to Black	<b>Tiny Tiger Curriculum</b> Ages 3 – 5	12:30 PM - 1:30 PM <b>Teen &amp; Adult</b> All Belts	<b>BOOK WITH US!</b>    <b>Saturday BBW Kyorugi may alternate between BBW HQ and BBW Burlington</b>  For News, Follow Us on Facebook: <a href="https://www.facebook.com/BlackBeltWorldKyorugiTeam/">https://www.facebook.com/BlackBeltWorldKyorugiTeam/</a>
4:30 PM - 5:15 PM	<b>Children Curriculum</b> White to Purple Ages 6 – 12	4:45 PM – 5:30 PM <b>Children Poomsae</b> Blue to Black	<b>Children Sparring</b> All Belts	4:45 PM – 5:30 PM <b>Children Poomsae</b> White to Purple	<b>Children Sparring</b> All Belts Ages 6 – 12		
5:15 PM - 6:00 PM	<b>Children Curriculum</b> Blue to Black Ages 6 – 12	5:30 PM – 6:00 PM <b>Tiny Tiger Curriculum</b> Ages 3 – 5	<b>Children Curriculum</b> All Belt Ages 6 – 12	5:30 PM – 6:00 PM <b>Tiny Tiger Curriculum</b> Ages 3 – 5	<b>Children Curriculum</b> All Belts Ages 6 – 12		
6:00 PM - 7:00 PM	<b>Family Class Curriculum</b> Children/Adult Mix	<b>Family Class Poomsae</b> Children/Adult Mix	<b>Black Belt / Instructors Class</b>	<b>Family Class Poomsae</b> Children/Adult Mix	<b>Family Class Curriculum</b> Children/Adult Mix		
7:00 PM - 8:00 PM	<b>Teen &amp; Adult Curriculum</b> All Belts Ages 13+	<b>Teen &amp; Adult Poomsae</b> All Belts Ages 13+	<b>Teen &amp; Adult Curriculum</b> All Belts Ages 13+	<b>Teen &amp; Adult Poomsae</b> All Belts Ages 13+	<b>Teen &amp; Adult Curriculum</b> All Belts Ages 13+	1:30 PM - 3:00 PM <b>BBW KYORUGI</b>	
8:00 PM - 10:00 PM	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	<b>BBW KYORUGI</b> "Invite Only"	3:30 PM - 5:00 PM <b>BBW KYORUGI</b> "Invite Only"	<b>*Seasonal Course*</b> Location TBD

**IMPORTANT INFORMATION:**

- For safety reasons, parents/spectators are not allowed on the training area/matted surface
- Class schedule may be changed occasionally, every 6 months
- Colour Belt Test forms and fees must be in two (2) days prior to testing to avoid late fee of \$20
- Please try your best to attend class, as credit for missed days are not provided
- Students (Guardian) will be held responsible for any damages or vandalism made at BBW
- There will be no class on the last Friday of each month due to Testing
- Consultation with Master Chang or any instructor requires an appointment
- All uniforms and equipment worn in class must be purchased through Black Belt World
- It is mandatory for all students to be registered with Taekwondo Ontario: [www.taekwondo-ontario.com](http://www.taekwondo-ontario.com)
- Standard Dress Code: BBW Dobok with Belt – White or Black plain undershirt may be worn under
- Kyorugi Classes: Only available for students in at least 3x/w with a rank of Yellow belt or higher
- Students must bring full sparring equipment to each Kyorugi and BBW Kyorugi Team class
- Blue belts and higher require sparring gear and must be enrolled in at least 3x/week

BBW High Performance Kyorugi Program: Grand Master Tommy Chang- [master@taekwondo.ca](mailto:master@taekwondo.ca)

Come Follow Us On:



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For More Info: (416) 533-1221 BLACK BELT WORLD TORONTO HQ